



WELCOME. THIS IS A...



HAPPY CAFÉ

PART OF THE HAPPY CAFÉ NETWORK

A Happy Café is one which has agreed to be part of the Happy Café Network, which is being set up by members of the Action for Happiness movement. Happy Cafés provide a warm welcome for anyone interested in happiness and wellbeing, encouraging people to meet together for a drink and friendly chat.

Your local Happy Café brought to you by the Wiltshire Mental Health Inclusion Service.....



AMESBURY

The Bell (13-15 Salisbury St)

Every Tuesday (1:30-3pm)

(contact: Emma - Tel: 07436 036843)

CHIPPENHAM

Wetherspoons (The Bridge House)

Every Tuesday (2-3:30pm)

(contact: David - Tel: 07483 913159)

ROYAL WOOTTON BASSETT

Dandelion Gifts & Coffee Shop (49 High St)

Fortnightly Thursday (2-3:30pm)

(contact: David - Tel: 07483 913159)

SALISBURY

Salisbury Playhouse Café (Malthouse Ln)

Every Wednesday (2-3:30pm)

(contact: Jackie - Tel: 07467 291091)

TROWBRIDGE

Valeroso Lounge (St Stephens Pl)

STARTING: Wed 10th January (12-1:30pm)

(contact: Rachael - Tel: 07467 470967)

MELKSHAM

Wetherspoons (The Bear)

STARTING: Wed 17th January (1:15-2:45pm)

(contact: Stacey - Tel: 07570 920363)

MARLBOROUGH

Mustard Seed Book & Coffeshop (Hillier's Yd)

STARTING: Thu 11th January (10:30am-12pm)

(contact: Emma - Tel: 07436 036843)

Find WMHIS online at:  rethink.org/WiltsMHIS  @WiltshireMHIS  @wiltshire_mhis

ACTION FOR HAPPINESS

www.actionforhappiness.org