

Ofcom ofcom.org.uk/social-tariffs

Lists the cheaper broadband and phone packages (social tariffs) available

Scottish & Southern Electricity Networks Priority Services

ssen.co.uk/power-cuts-emergencies/priority-services/

Register for help and advice during power cuts. Expert energy efficiency advice also available

St Mary's Church, Marlborough

Hold Welcome Wednesdays at 10.30am every Wednesday. Go for a warm place to sit and a hot drink.

Streetlink streetlink.org.uk 0300 4560 106

For help and advice if someone is sleeping rough

Warm and Safe Wiltshire warmandsafewiltshire.org.uk 0800 038 5722

Offers Wiltshire residents free and impartial energy saving advice via an advice line. Provides help relating to insulation, heating and draft proofing. Advice available on grants and schemes.

Wiltshire Council wiltshire.gov.uk/worried-about-money 0300 456 0100

Provides information about benefits and the support available.

www.wiltshire.gov.uk/article/6665/Council-tax-benefits-and-financial-support

Help and advice about the rising cost of living and benefits available.

Wiltshire Family & Community Learning workwiltshire.co.uk 01225 770 478

Offers a range of courses, including ones on balancing budgets, saving energy and shopping for less.

Wiltshire Together wiltshiretogether.org.uk

A digital platform that provides information and support for parents, families, young people and carers. Includes information on things to do, places to go, practical tips or who to talk to.

Your Care, Your Support Wiltshire adults.wiltshire.gov.uk/

Activities and services for older people.

In association with Marlborough Town Council

and Marlborough Area Board

Wiltshire Council



**ADVICE AND
SUPPORT**

TOGETHER WE MAKE A DIFFERENCE

These organisations and websites may be able to help:

Age UK Wiltshire ageuk.org.uk/Wiltshire **0808 196 2424**

A local charity working in the community to support older people, their families & carers.

Benefits calculators gov.uk/benefits-calculators

Lists the independent benefits calculators available to find out what benefits you could get and how to claim.

Carer Support Wiltshire carersupportwiltshire.co.uk

0800 181 4118 for carers **01380 871 690 for general enquiries**

Supports unpaid carers from 5 years upwards across Wiltshire. Can help to access services, information, education & training, respite and breaks from your caring role.

Christians Against Poverty capuk.org

Money & debt advice. Can help you learn practical life skills & tools to help you live well on a low income every day.

Citizens Advice citizensadvice.org.uk **0800 144 8848**

Provides advice about budgeting and the extra help you can receive if you're struggling with the cost of living.

Marlborough Community Fridge

Open Thursday & Saturday 9am—10.30am Friday 1pm—2.30pm donations permitting. Saving food from going to landfill by redistributing to the community. Located in George Lane car park

Food Banks trusselltrust.org/get-help/find-a-foodbank

Community organisations aimed at supporting people who cannot afford the essentials in life. The Trussell trust supports a nationwide network of food banks that provide emergency food and support. Ask library staff for a full list of Wiltshire food banks.

FUEL wiltshire.gov.uk/leisure/fuel-programme

A project that offers children that receive benefits related to free school meals the opportunity to take part in fun activities and receive a meal during school holidays. At different locations across Wiltshire, including Marlborough.

Health Watch Wiltshire healthwatchwiltshire.co.uk **01225 434 218**

Advice & information on looking after your health during the cost of living crisis and where to get support in Wiltshire.

Help for Households helpforhouseholds.campaign.gov.uk

Discover what cost of living support you could be eligible for.

Jobcentre Plus gov.uk/contact-jobcentre-plus **0800 169 0190**

If you're seeking work, you may be able to get six months of broadband through your local Jobcentre Plus.

The Jubilee Centre jubileemarlborough.org.uk **01672 513087**

Open for daycare for the over 60's Monday, Tuesday & Friday 9am-2.30pm. If you struggle to get there they may be able to provide transport.

Three course meals on wheels delivery weekdays 12pm-1pm.

Drop in lunch on Thursdays 12pm-2pm.

Board games club on Wednesdays 2pm-4pm open to all ages.

KAMP (Kennet & Avon Medical Partnership) kamp.nhs.uk **01672 512187**

The team at KAMP are now an extended part of the East Kennet primary care network and have a team of social prescribers and a health & wellbeing coach. You can either be referred by your GP, Nurse or other health professionals at the surgery or self-refer in as a patient of the practice.

Social prescribers can help with social factors such as isolation, work & money stressors and housing issues.

Health & Wellbeing coaches support people to develop the knowledge, skills and confidence to become active participants in their health care so they can reach their own health & wellbeing goals.

Marlborough Library **01672 512 663**

Normal library services, including access to computers, plus a warm place to sit. Warm packs are available and staff are trained to give basic energy saving advice.

Opening hours: Monday 2pm-7pm, Wednesday 9.30am-5pm Thursday 9.30am-7pm

Friday 9.30am-5pm Saturday 9.30am-1pm.

Love Marlborough Kids Meals lovemarlboroughkidsmeals.org **07423 126 477**

A local charity that cooks and delivers a hot meal to struggling families on a Friday. A slow cooker is offered to every family which can cook hot food economically. Delivery is Marlborough and an 8 mile radius, including Avebury, Burbage, the Ogbournes & Axford.

MAPAG (Marlborough Area Poverty Action Group)

A local charity that aims to alleviate poverty by giving food vouchers at Christmas, organising outings for families in the school holidays and giving out small grants to people in need. They also support the Food Bank, Marlborough Loves Kids Meals & the Community Fridge. You can find them on Facebook.

Money Helper moneyhelper.org.uk **0800 138 7777**

A government approved advice service providing money guidance.